

# Woman's Day



*57 Fun Holiday*  
**IDEAS**

*Delicious new recipes,  
festive crafts & gifts*

**SAVE \$100s**  
**ON GROCERIES**

*Indulge  
and still*  
**LOSE LBS.**

**SLIMDOWN SECRETS** P.122

 **Easy clutter control**

*Natural ways to*  
**sleep better**

*So  
sweet!*  
Chocolate  
snow angels  
+ lots more  
cookies

DECEMBER 2013





Pretty PICKS



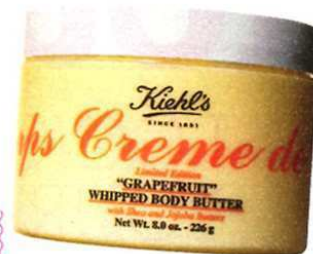
# Beauty Scout

Beauty editor **Melissa Matthews Brown** shares must-have products, plus expert tips and tricks.

{Wrinkle fighter}

## FLAWLESS SKIN AT EVERY AGE

Take the guesswork out of your daily routine with Bona Clara's age-specific skincare products—for instance, the 40s line (*below*) is formulated to protect thin, sensitive skin. The Bona Clara Level 1 Kit contains a cleanser, toner and treatment cream for \$100. Buy it at [bonaclaraclear.com](http://bonaclaraclear.com) or sell the products yourself.



## Mighty moisturizer

“This holiday, Kiehl's Creme de Corps whipped body butter (\$38; [kiehls.com](http://kiehls.com)) is available in two scents: coriander and grapefruit. I love the light texture—it just melts into skin. And since 100% of the proceeds go to Share Our Strength's No Kid Hungry, it will leave both you and your skin happy.”

## Gorgeous gifts

These affordable treats are at the top of my shopping list.

### ▲ BATH ESSENTIALS

Pamper skin with Fruits & Passion Salt or Foaming Bath Ornaments (\$7.50 each; [fruits-passion.com](http://fruits-passion.com)).



### ◀ SHINY GLOSSES

The Tarte Clutch the Spirit Lipgloss Set & Clutch (\$32; [ulta.com](http://ulta.com)) includes a range of eight long-lasting, sheer shades.



### ◀ SCENTED SOAPS

Nourishing honey, rose and lavender bath bars make up the L'Occitane Bonne Mère Trio (\$20; [usaloccitane.com](http://usaloccitane.com)).

