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# ask the experts



**Q:** I'd like to know more about the Hippocrates Health Institute (HHI) lifestyle and how it can help women diagnosed with breast cancer improve their well-being and reverse disease.

**A.** Each year, guests from all over the world come to Hippocrates Health

Institute (HHI) to reverse the effects of major diseases, such as breast cancer, diabetes, heart disease, Alzheimer's... the list goes on. Guests come in conjunction with receiving traditional Western medical treatment, while others come as their last hope – when their cancer has progressed so far that the traditional medical system has given up on them.

Common cancer treatments, such as chemotherapy and radiation can wreak havoc on the immune system, which compromises the body's ability to heal itself. The HHI lifestyle – based on wheatgrass therapies and raw, vegan living foods – helps build the body's immune system. It is rich in antioxidants, vitamins, minerals and plant-based proteins and consists of fresh sprouts and vegetable juices, wheatgrass, colorful salads, nuts and seeds. These foods are

essential to supplying the body with the oxygen, alkalinity and bioelectrical charges it needs to repair cellular health.

As a result of the HHI living foods lifestyle, thousands of women have successfully taken charge of their health and healed themselves from breast cancer.

*Dr. Brian Clement (Ph.D., L.N.) is the co-director of the Hippocrates Health Institute. Based in West Palm Beach, Florida, Hippocrates has been the preeminent leader in the field of complementary health care and education for over 60 years. The Hippocrates philosophy is founded on the belief that a vegan, living, enzyme-rich diet – complemented by exercise, positive thinking and non-invasive therapies – is integral to optimum health. Learn more by visiting [HippocratesHealthInstitute.org](http://HippocratesHealthInstitute.org).*