

THE **12 BEST SPAS** IN NEW ENGLAND

# Boston

*This*  
Is How  
We Do  
Winter.

Our guide to help you reboot, restart, and renew starts on page 66.

HAS THE  
CRAFT BEER  
MOVEMENT ABANDONED  
**JIM KOCH**  
(AND HIS BELOVED  
SAM ADAMS)?



bostonmagazine.com \$4.99



074851 37372 4

*From historical properties to contemporary seaside escapes, New England has no shortage of resorts with first-rate spas. We hit the road in search of the very best to help you laugh at winter in style.*



**THE TOP**

**12**

**SPA ESCAPES**

**IN NEW ENGLAND**



**BY**  
*Caroline Hatano, Courtney Hollands,  
Brittany Jasnoff, Melissa Malamut, Loren Savini,  
and Rachel Slade*

**PHOTOGRAPHS BY**  
*Adam DeTour*



FOR THE  
*Summer Camper  
at Heart*

**Hidden Pond**



**TRY** The Maine Honey Body Buzz with Warm Remedy Wrap: Following an invigorating exfoliation, you're swaddled in an abundance of heated towels infused in a soothing honey-based salve (\$195 for 75 minutes).

**DISTANCE FROM BOSTON**  
90 miles

**GOOD TO KNOW** Book now for the next season—Hidden Pond is closed from November 1 to May 1.

Starting at \$375 per night, 354 Goose Rocks Rd., Kennebunkport, ME, 888-967-9050, [hiddenpondmaine.com](http://hiddenpondmaine.com).

**L**T'S OFF A BACK ROAD BETWEEN fields and forests, feeling every bit the kind of place where you'd set up a camp—just swap the bunks for mini luxury homes (with Frette bathrobes and fresh local goodies in the fridge) and the mess hall for Ken Oringer's Earth (a gorgeous restaurant with its own herb garden). This down-to-earth getaway actually has cabins, too—three rustic "tree houses," accessed via a catwalk, where a

huge selection of heavenly treatments are administered to a New Age harp soundtrack. At night, guests are invited to congregate around the campfire and make s'mores. Two outdoor pools, kayaking, and beach yoga are also on offer, as are shuttle buses to nearby Kennebunkport, a cute coastal town where you can buy a painted buoy or a local brew. In the morning, staffers drop off breakfast (fresh yogurt, a newspaper, granola, and a carafe of coffee) at each abode, to be enjoyed in the crisp woodsy air on your private, screened-in porch.