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**FITNESS BEAUTY AWARDS 2012**

**POSITIVELY  
BRILLIANT**

***Our team of beauty experts and FITNESS readers swiped, smudged and slathered on nearly 1,500 of the year's newest beauty products for face, body, hair and nails. Read on for the 60 winners that will get you glowing.***

 Eleanor Langston and April Franzino

 Lisa Shin

**Meet Our Beauty Experts**  
 Dermatologists Macrene Alexiades-Armeniakas, M.D., Ph.D., of New York City; Mona Gohara, M.D., of New Haven; Brooke Jackson, M.D., of Chicago; and Elizabeth Tanzi, M.D., of Washington, D.C. Hairstylists Amy Abramite of Chicago; Denis de Souza of Los Angeles; Nicholas Penna Jr. of Newton, Massachusetts; and Jet Rhys of San Diego. Makeup artists Landy Dean of New York City, Jackie Gomez of New York City, Tina Turnbow of New York City, and Emily Kate Warren of Los Angeles.



## HAIR HELPERS

**1. BEST SHAMPOO** Clear Scalp & Hair Beauty Therapy Total Care Nourishing Shampoo (\$6, drugstores). This cleanser contains a subtle fruity-floral scent (with apple, bergamot and freesia notes) and has aloe vera and vitamins B<sub>5</sub> and C. "It moisturizes without weighing my hair down," a volunteer said. **\$**  
**2. BEST CONDITIONER** Aveda Invati Thickening Conditioner (\$24, [aveda.com](http://aveda.com)). Amino acids in the rich cream add density to limp locks. "It gave my fine hair lots of body and even mended my split ends," a tester reported.  
**3. BEST LEAVE-IN** CONDITIONER René Furterer Okara Light Activating Leave-in Fluid (\$26, [beauty.com](http://beauty.com)).

A soy-derived extract in this lotion brightens highlights and gave a voter "bouncy and healthy hair."  
**4. BEST DEEP TREATMENT** Tresemmé Nourishing Rituals Rejuvenating Mud Masque (\$4, drugstores). A "nondrippy" texture makes this mask easy to apply during a shower. The sea minerals and honey it contains "leave my strands more shiny than usual," a reader said. **\$**  
**5. BEST FRIZZ FIGHTER** MoroccanOil Frizz Control (\$32, [moroccanoil.com](http://moroccanoil.com) for salons). "A few spritzes tame flyaways on even the most humid days for noticeably less fluff," a reviewer said.  
**6. BEST VOLUMIZER** Dove Style

+ Care Nourishing Amplifier Mousse (\$4, drugstores). The lightweight foam protects strands, spreads easily and, a tester said, "gives my hair a boost after a tough workout without making it look stiff or feel crunchy." **\$**  
**7. BEST HAIR SPRAY** Nexxus Frizz Defy Frizz Protection Hair Spray (\$12, drugstores). This superfine mist contains zero water, so your style won't frizz. It kept one reviewer's blow out "sleek and fresh throughout the entire day."  
**8. BEST HEAT PROTECTANT** John Frieda Full Repair Style Revival (\$9, drugstores). This product's nourishing urea and vitamin E heal fried strands and prevent further damage from

hot tools, so hair is manageable. "It looks as if I just went to the salon," one user said. **\$**  
**9. BEST CURL ENHANCER** Sally Hershberger Curvaceous Elasto-Curl Daily Treatment (\$13, [sallyhershberger.com](http://sallyhershberger.com)). There's no need to spend time blow-drying hair when you apply this keratin- and silk protein-laced shaper. "It gives my curls definition," a reader said.  
**10. BEST SHINE BOOSTER** Kerastase Lumiere Liquide (\$42, [kerastase-usa.com](http://kerastase-usa.com)). Give your style a mirrorlike shine with this silky liquid, which has polymers that smooth gaps in your hair's cuticles. The result is "instant sheen that lasts all day," a reviewer said.