

Proper Protection from the Summer Sun

By Sonja · June 12, 2009 · [Post a comment](#)

Sun Specialists for Eyes and Lips



Eyes seem to be the first place where wrinkles appear. Yet there are very few eye creams with sun protection so definitely check out the best-seller **Dermelect Age Def-Eye Cream with SPF 15** (\$36). It's an eye care specialist that moisturizes, softens, gives broad-spectrum coverage and acts as a barrier to destructive free radicals. It's designed to smoothe and even the eye contour area and make skin feel more comfortable and supple. It diminishes fine lines, wrinkles, and crow's feet. It also soothes with aloe vera and calms with chamomile. It feels thicker than most eye creams. But once I warm it up between my fingers, it glides on nicely.



Lips are especially sensitive to the drying effects of the sun so be sure to pick up a good lip balm with plenty of sun protection. I really like the award-winning **Jack Black Intense Therapy Lip Balm SPF 25 with Natural Mint and Shea Butter** (\$7, on left). It penetrates quickly and does an excellent job soothing, conditioning, and softening dry, chapped lips. It provides broad-spectrum sun protection, moisturizes, guards against windburn and temperature extremes, and protects against free radical damage with antioxidants.

A more glamorous option is **JUARA Candlenut Lip Balm SPF 20** (\$18, on right), which provides broad-spectrum coverage, moisturizes and softens with candlenut oil, prevents moisture loss with beeswax, and protects from free radicals with vitamin E. It's very smooth and creamy and comes in a stylish, mirrored compact.