

weightwatchers

Snack Break!

These creative snacks are tasty, satisfying and good for you, too!

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Seriously, who doesn't look forward to snack time? At Weight Watchers headquarters, our editors are always on the hunt for the most delicious low-**PointsPlus** value snacks. Here are a few of our latest (and most delicious) discoveries. Whether you're a chocolate craver or a salt seeker, we've got you covered!



Trader Joe's Reduced-Guilt Chunky Guacamole

Made with tomato, red onion, cilantro, garlic, lime juice and a little kick of jalapeño, this guacamole is a major score. The reduced-guilt secret? It's made with Greek yogurt. It's a convenient, picnic-ready accompaniment to tortilla chips and veggies alike.

PointsPlus value: 1 per 2 tbsp
Available for \$3.49 at [Trader Joe's](#)



SOYJOY Dark Chocolate Cherry

Good news, chocoholics: this rich, indulgent bar is baked, all-natural and surprisingly moist. If you're looking for a dessert, pop it in the microwave for a few seconds and top with fat-free whipped topping for a decadent, brownie-like treat.

PointsPlus value: 4 per bar
Available for \$1.29 at [SOYJOY.com](#)



Original Dang Toasted Coconut Chips

If you like the tropical flavor of coconut, you're going to love these sweet, crispy, buttery chips. They're vegan, gluten-free and non-GMO. Great flavor with none of the guilt. What's not to love?

PointsPlus value: 3 per 1.43 oz bag
Available for \$2.99 at DangFoods.com



Ocean's Halo Korean BBQ Seaweed Chips

If you're a fan of those wispy seaweed snack packs, these chips are for you. The bold Korean BBQ flavor is a unique compliment to the natural taste of seaweed. Also available in great flavors like sweet onion and Texas BBQ. A fresh alternative to your typical chip!

PointsPlus value: 2 per 3 oz bag
About \$3.99 per bag. Find a store [here](#).



Mini Babybel Mozzarella Style Cheese

These mini cheeses are creamy, satisfying and pre-portioned. Each mini wheel contains 6g of protein. They're great on their own or with a few whole-wheat crackers or apple slices.

PointsPlus value: 1 per piece
10 count packages available for \$4.99 at most major grocers



Pretzel Crisps Minis Original

Crispy, easily dip-able and fat free (!) these new mini pretzels are great if you're craving something salty. Also available in cheddar flavor.

PointsPlus value: 3 per 42 pretzels
Available for \$2.99 per bag at SnackAisle.com



Gold Emblem Abound Dry Roasted Sunshine Edamame Blend

With this inventive trail mix, you don't have to choose between salty and sweet! Part of CVS's new line of healthy snacks, this treat is packed with nuts, edamame and dried cranberries. Try it on its own or sprinkled over your favorite yogurt or oatmeal.

PointsPlus value: 3 per ¼ c
Available for \$2.77 at CVS



Weight Watchers Chocolate Chip Mini Cookies

These new sweet and tasty mini cookies will satisfy your sweet tooth without undoing your day. The best part? You get 18 cookies per serving!

PointsPlus value: 3 per pouch
Box of three pouches available for \$2.95-\$3.95 in Weight Watchers meeting rooms nationwide



Late July Organic SubLime Multigrain Snack Chips

These crunchy dynamos are lightly salted with a hint of lime. Made with whole grains, they're also organic and gluten-free. The salty, tangy flavor will bring you back to summertime — any time of year. (Hint: these go great with the Trader Joe's Reduced-Guilt Chunky Guacamole.)

PointsPlus value: 3 per ounce (about 9 chips)
Available for \$3.49 at [ShopOrganic](#)

**Prices and availability may vary*