

Cooking Light®

JAN/FEB 2012

25 HEALTHY CHICKEN DINNERS

Fast Sautés,
Casseroles, Stir-Fries,
Quesadillas,
& More

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316
RECIPES
& TIPS TO
START
THE YEAR
RIGHT!

+
BEST LIGHT
CHOCOLATE
RECIPE EVER

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Pan-cooked
chicken with
wine and plums
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SIX RICH
SOUPS
TO WARM
YOUR SOUL

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FIRST BITES

THE EDITOR'S EIGHT

Light, bright picks to warm up your winter. BY PHILLIP RHODES

1 Buds for you

Totally tubular vase holds eight stems (\$28, chive.com).

EXCLUSIVE DEAL: Use promo code ILOVECHIVE for a 10% discount.*



3 Safer slices

The blade is only exposed when you squeeze the handle of Zyliss' Smart Guard Slicer—a mandoline for beginners. Folds flat for easy storage (\$30, zylissusa.com).



4 Swede tea set

Sagaform's Retro tea service pieces, straight out of Scandinavia (\$40/teapot, \$18/cup and saucer; burkedecor.com)

EXCLUSIVE DEAL: Use promo code SAGA12 for a 10% discount.*



2 Pantastic!

Get gorgeous grill marks, even if your Weber's been winterized, with Bodum's cast-iron grill pan. The 8-inch square is sized right for healthy portions (\$80, bodumusa.com).





6 **KITCHEN KINK**
THE BEND IN
THE HANDLE OF
THESE TONGS
HELPS GRIPPERS
SIT CLEANLY
ABOVE YOUR
COUNTERTOPS.
(\$20, DREAMFARM.AU)

5 Chia pet, reconsidered

After an overnight soak, set your Back to the Roots mushroom garden kit on a windowsill, mist with water daily, and you'll have a crop of edible pearl oyster mushrooms in about a week (\$40/set of two includes free shipping, dailygrommet.com).



7 **Rainbow collection**

These all-purpose bowls brighten up breakfast or dessert (\$50/set of 6, rosannainc.com). **EXCLUSIVE DEAL:** Use promo code LIGHT for a 20% discount.*

8

Become a pod person

Nespresso's Pixie is like having an adorably petite in-house barista. Small footprint doesn't hog counter space, and piping hot espresso is ready in 20 seconds. Available in six colors; includes a starter set of 16 capsules (\$250, nespresso.com).



*Discounts available from December 26, 2011, to February 26, 2012, or while supplies last.