

THE BEAUTY AUTHORITY

NEW BEAUTY

SPECIAL ISSUE

100

ANTI-AGING SECRETS!

wrinkle erasers
makeovers
skincare
serums

YOUNGER
PERFECT SKIN
THE BREAKTHROUGH DISCOVERY
THAT YOU NEED TO KNOW ABOUT

AGE-DEFYING

discover the new beauty innovations and diet secrets that keep hollywood young at every decade and how you can achieve the same results.

EXPERTS REVEAL
SECRETS FOR A
**SLIMMER
BODY**
IN MINUTES

**MIRACLE
CREAMS**
DO THESE MULTITASKING
PRODUCTS REALLY WORK?

the hottest celebrity hairstyles and how you can recreate them at home; the most innovative luxury beauty products and treatments that fight the signs of aging.

GLAMOROUS

Sarah Jessica Parker

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28



SUMMER/FALL 2012
DISPLAY UNTIL SEPTEMBER 24

DID YOU KNOW?

Nashville, TN, dermatologist Michael Gold, MD, says the ingredient Tinosorb may be the next big thing in SPF. "It's likely to be incorporated into sunscreen in the future," he says. "It hasn't received FDA approval yet, but it's pending. Think of it like Mexoryl—it's photostable and doesn't absorb into the skin so it's not as sticky."

THE INGREDIENT — 02 —
dragon's blood

WHAT IT IS A naturally derived, Amazonian rainforest sap that some say may act as an alternative to the effects of what hyaluronic acid fillers can produce, albeit with short-term results.

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THE INGREDIENT

monk's pepper berry 01

WHAT IT IS With a long-standing history that dates back to ancient Greece—monks used to steep the bush-grown berries in water to create a healing tea—this rigorous free-radical defender helps to protect the integrity of the skin.

HOW IT WORKS First researched as a dietary supplement, monk's pepper berry has been shown to have a positive effect on the skin. Because the berry acts as an antioxidant and damage defender, it claims to help diminish the depth of lines and wrinkles, giving a tautness to the skin and speeding up the regeneration process of skin cells.



FIND IT IN STAGES OF BEAUTY HARMONY TREATMENT CREAM

The monk's pepper berry is a common ingredient in the brand's star cream, as well as the rest of the line. Designed just for skin at the 30-something brink, this daily lightweight cream helps increase collagen production while hydrating. **\$75, stagesofbeauty.com**



FIND IT IN RODIAL DRAGON'S BLOOD SCULPTING GEL

While the name of this skin-firming formula may sound scary, the fruity-scented gel is anything but. Providing a plumping, lifting and tightening effect, it absorbs on contact and creates a defending film on the skin. \$95, nordstrom.com

HOW IT WORKS

The modernized version of the herb forms a protective layer on the skin to shield it against damaging elements and inflammation. A "cure-all" of sorts, the antioxidant-rich sap is brimming with phenols and collagen-repairing proanthocyanidins.

THE NEWEST BREED OF GROUNDBREAKING
ANTI-AGING
INGREDIENTS

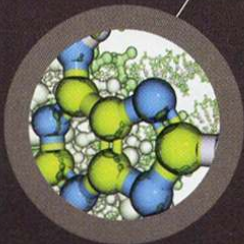
NEWFANGLED SKIN-CARE INGREDIENTS ARE CONSTANTLY INUNDATING THE BEAUTY SCENE BUT THESE 10 STANDOUT STARS ARE BACKED WITH THE LATEST IN CUTTING-EDGE SCIENCE, INNOVATION AND TECHNOLOGY TO MAKE THEM THE NEXT BREED OF MUST-HAVE ANTI-AGING POWERHOUSES YOU'LL DEFINITELY WANT TO STOCK UP ON.

THE INGREDIENT

lipo-hydroxy acid 03

WHAT IT IS A relative of the salicylic acid molecule, this acid works wonders on acneic and blemished skin by really cleaning out the pores.

HOW IT WORKS The lipophilic molecule is actually an acid that gently lifts away trapped debris and dead skin, providing an exfoliating mechanism that helps break up blackheads. Lipo-hydroxy acid is said to be six times more powerful than salicylic acid, for faster exfoliation (and less dead skin to clog pores), resulting in less dullness and pigmentation.



FIND IT IN LA ROCHE-POSAY EFFACLAR SERUM

With a dynamic blend of anti-aging and anti-acne ingredients, this daily-use treatment softens lines and wrinkles, and helps keep breakouts to a minimum while effectively healing any already on the surface. \$43, laroche-posay.us

MORE >

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GROUNDBREAKING ANTI-AGING INGREDIENTS

[CONTINUED]



04

THE INGREDIENT

bakuchiol

WHAT IT IS Derived from red grapes, bakuchiol, which has a long-standing anti-inflammatory effect, especially in Indian and Chinese medicinal practices, helps keep breakouts to a minimum.

HOW IT WORKS Often used topically, but sometimes taken orally, this all-natural extract helps to improve the skin since it possesses antimicrobial, antiscarring and anti-inflammatory effects. Another upside to it—it reduces hyperpigmentation, which is why bakuchiol is a prized anti-acne and anti-aging ingredient.

NEW HERBAL SOLUTION FOR ACNE-PRONE SKIN

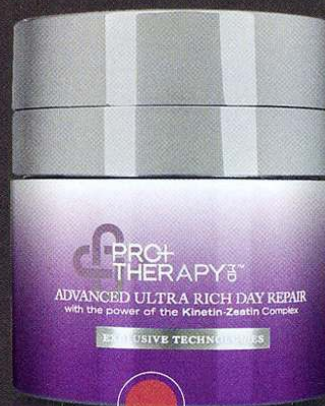
Research from Leeds Metropolitan University suggests that thyme may be more efficient for treating acne than topical prescriptions. The herb was found to have a greater antibacterial effect than the common active ingredient in many acne medications: benzoyl peroxide. A natural alternative would be a gentler yet equally effective treatment for acne sufferers, especially for those with sensitive skin.

FIND IT IN BREMENN EMERGENCY ZIT STICK

This convenient on-the-spot treatment is concentrated with salicylic acid and bakuchiol to fight blemishes and instantly reduce visible puffiness and redness without overdrying the skin. \$10, skinstore.com

THE INGREDIENT

roxisomes 05



WHAT THEY ARE A type of liposome (a tiny bubble with an aqueous solution) that limits the effects of damage incurred by delicate skin cells.

HOW THEY WORK In their role as mitochondrial protectors, roxisomes are thought to be able to repair DNA-related damage done to the skin cells. They contain a special enzyme that fixes cellular damage and limits the amount of stress on skin cells, especially those that are linked to wrinkle-inciting inflammation.

FIND IT IN PRO THERAPY MD ADVANCED ULTRA RICH DAY REPAIR

Sun-damaged skin needs special attention to minimize the symptoms related to photo-damage—think rough texture, discoloration and wrinkles—and it gets it in this roxisome-packed cream. \$120, protherapymd.com



06

THE INGREDIENT

barbary fig

WHAT IT IS An oil from the seeds of the barbary fig, a cactus plant native to Mexico that helps rebuild collagen for firmer skin.

HOW IT WORKS Rich in omega-3 and -6, this cellular-damage defender, which rivals the benefits of argan oil, protects delicate skin from harsh environmental aggressors while soothing, calming and softening the complexion.

FIND IT IN LA BELLA FIGURA DÉCOUVERTE UNDER EYE REPAIR SERUM

Brimming with naturally sourced antioxidants and oils, this silky smooth serum works on fine lines, wrinkles and dark circles to take years off the eye area. \$115, labellafigurabeauty.com



08

THE INGREDIENT

chia

WHAT IT IS An omega-3-rich oil (derived from the chia seed) that helps to hydrate and repair the skin's barrier function.

HOW IT WORKS A staple in ancient cultures because of the anti-sluggish and energy-boosting properties it possesses, chia seeds and chia seed oil feed the skin with loads of minerals, vitamins, proteins and antioxidants to maintain better moisture. They also allow skin cells to work optimally by increasing the barrier function to reduce irritation and skin sensitivities.



FIND IT IN SUPER BY DR. NICHOLAS PERRICONE O-MEGA MOISTURE

With its sweet scent and rich texture, this ultra-moisturizing cream delivers a hefty dose of nourishment so that dry skin is hydrated, soft and left with a healthy glow. \$40, getsuper.com

07

THE INGREDIENT

mitostime

WHAT IT IS A multitasking extract of brown algae, cultivated in France, which energizes skin cells for better support.

HOW IT WORKS Claims to reach all levels of the skin—the epidermis, the middle layer and the hypodermis—to wake up tired cells so that the natural rejuvenation process is sped up. Mitostime also helps keep skin hydrated by retaining water in the cells.



FIND IT IN CLINIQUE REPAIRWEAR UPLIFTING FIRMING CREAM

This ultradecadent light cream leaves skin feeling bouncy and resilient while it works long-term at fortifying the under layers for thicker skin with more volume. \$58, clinique.com

MORE >



10 GROUNDBREAKING ANTI-AGING INGREDIENTS

(CONTINUED)

HOW TO DECIDE WHAT YOU SHOULD USE

The skin can be a sensitive and reactive organ, which is why it's important to consult with your dermatologist or plastic surgeon as to what you are using on a regular basis. Even though the majority of these ingredients are thought to be suitable for most skin types, avoid overloading the skin with too many ingredients at once and always introduce something new slowly.

THE INGREDIENT

vitamin Cg 09

WHAT IT IS A synthetic form of vitamin C (in an ascorbyl palmitate form) that is heralded for its ability to firm the skin and fight against oxidative stress and damage.

HOW IT WORKS Acting on the deep dermal layer of the skin, vitamin Cg stimulates new, healthy, strong collagen to be produced by activating fibroblasts (the cells that are responsible for producing new and healthy collagen fibers). Vitamin Cg is said to transform into a more pure form of vitamin C as it is absorbed by the skin and gradually released over a 24-hour period.

FIND IT IN VICHY NORMADERM ANTI-AGE

Melding the powers of an anti-wrinkle lotion with skin perfectors like vitamin Cg and glycolic acid, this gel-like cream helps to even out acneic skin while also diminishing the signs of aging. \$24.50, vichyusa.com



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THE INGREDIENT

L-ergothioneine (EGT)

WHAT IT IS First discovered more than 100 years ago, EGT, which can be used topically and orally, is a compelling anti-inflammatory antioxidant originally sourced from soil and exotic mushrooms.

HOW IT WORKS This anti-ager is classified as an "intelligent antioxidant," which Laguna Beach, CA, dermatologist Dr. Tony Nakhla explains, is a naturally occurring molecule that gets to the cellular level. "No other antioxidant has transporting properties quite like EGT. It prevents mitochondrial damage to the skin cells and UV damage to really ward off damaging free-radical elements."



FIND IT IN REVERGE INTELLIGENT ANTI-OXIDANT AGE REVERSAL COMPLEX

Relying on the potent antioxidant EGT, this brand-new age-reverser works to neutralize free radicals that cause wrinkles and dry skin. \$89, tryrevenge.com