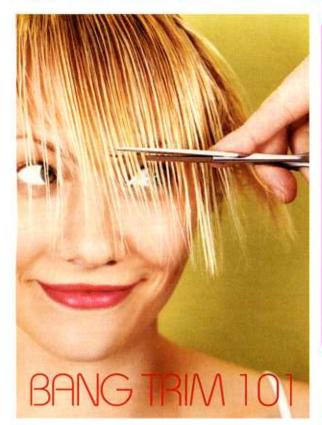


GET YOUR HAIR LOOKING ITS BEST WITH THE LATEST NEWS AND HOW-TOS.

shortakes



Fight Winter Hair Woes

Cold winter air can be your hair's worst nightmare, drying it out and making it go flat and frizzy. But these 4 "cures" from Nicholas Penna Jr., owner and lead stylist of SalonCapri in Boston, are here to help.

Prevent hat hair by avoiding wool, felt and knits, which flatten locks and create static. Cotton or loose-fitting fleece tame tresses and decrease damage. Try spritzing hairspray before putting on your hat to help control flyaways.

2. Hot styling tools strip hair of moisture, so let your locks air-dry or add texture with un-heated rollers or pin curls.

3 Sleep on a silk pillowcase—the fabric is gentler than cotton and will also help your blowout last longer.

4 Add mega moisture to your mane with this easy at-home treatment: After shampeoing, condition hair but don't rinse, then wrap

damp locks in a cotton turban before going to sleep.

>> Use self-gripping Maxius Adjustacurl Ionic Rollers (no heat required!) to create fab texture; \$31.95, 10-pack, target.com.



You know most salons will trim your bangs for free. Still, it can be tempting to do it yourself... but is that a good idea? Frances DuBose, who's had clients drive 2 hours to London Hair in Charleston, SC just for a trim, explains that the more particular you are, the less likely you'll be happy with making the cut yourself. Layered or texturized bangs are especially hard to snip, and hacked-up ends aren't edgy, they're a mess.

"When it comes to doing it yourself, the type of bang is key," says DuBose. "You can cut super-blunt bangs if you're careful, but usually, women cut them too short or crooked, then try to fix them, so they end up with even shorter bangs."

The easiest trim involves fringe that's slightly longer at the sides. Just comb all the bangs to a central point, hold the ends together and nip into them with the tips of your scissors. From the cut to the color, the swing bob shown on our cover is edgy without being over-the-top. Love it? Take these instructions from Teresa David of Douglas Carroll Salon in Raleigh, NC to your salon.

Two Cut: After clipping a horseshoe-shaped front section out of the way, David cut hair into a chin-length bob, blending the back with the bottom. Next, she dropped the top and created a sharp angle from the ear forward.

The Color: The front was pinned up again and David applied the darker base color: ¼ tube of All-Nutrient 3N (Ebony Brown) and ¼ tube of 4CH (Dark Chocolate) + 20Vol. to roots and underneath sections. The longer ends were lightened with streaks of All-Nutrient 6RB (Burgundy) + 20Vol.

turing: All-Nutrient Shine+ Serum was applied and hair was blown-out with a round brush, then flat-ironed all over, working the front out. "The darker underneath color adds dimension as it reflects through the top," David SayS. HAIR BY TERESA DAVID. DOUGLAS CARROLL BALON, RALEICH, NC FOR ALL-NUTRIENTARBIATHS. MANSUP BY BETTY MEKONNEN, PHOTO BY TOM CARSON. PRODUCTION. GLOBAL HAIR & PASHON GROUP.