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3 Runway-Worthy Hairstyles

You might not picture yourself strutting around in the same fashions you see on the runways, but you certainly could – and should! – give the hottest hairstyles a try. Nicholas Penna, Jr., the owner/lead stylist of SalonCapri in Newton, Massachusetts, offers his tips for DIY runway dos.



The Pixie. “As much as it’s a hot trend for 2011, it’s also a classic.”

DIY >> If you’re going to take the Halle Barry-look plunge, make sure you invest in some great styling products, says Penna, such as Shu Uemura Tasei Cream. “This style works best with hair that can easily transition from straight to curls. If the hair is strictly one or the other, it limits the wearer’s styling options.” The good news, he says, is that the style is easy to manage and maintain, and really stands out on bold hair colors.

Tousled Waves. “Attention long hair fans: This is your season,” says Penna. Effortless, tousled waves are one of 2011’s best looks.

DIY >> You’re in luck since layers are hot for 2011, explains Penna, and that’s the perfect cut for achieving tousled waves. To mimic a look like “House” star Olivia Wilde’s, invest in a great texturizing product, he advises. Penna’s pick is Shu Uemura Kaze Wave. “Wash hair, and blow-dry using the product and your hands to scrunch hair. The key is to achieve an effortless chic look.”

Sleek and Straight. “Bring out the straightener!” says Penna. “It’s a great look because it works with everything from a bob to a mid-length cut to long hair.”

DIY >> Blow-dry hair straight using a smoothing product. Penna uses Shu Uemura Essence Absolue. “Use only a drop – a little goes a long way,” he says. Then, to “go Gwyneth,” separate hair into one-inch sections with clips, and use a round, medium-sized natural bristle brush to blow-dry each section. After hair is completely dry, use a flat iron. “Make sure you use a heat-protectant spray before touching the iron to your locks,” Penna says. This straight, sexy look is especially in for brunette hues.

Glam for Good: Smile with Honor

What better way to spread goodwill than with a smile? With Vapour Organic Beauty’s “Honor,” a new, perfectly pink shade in its Elixir Lip Plumping Gloss collection, that’s exactly what you’ll be doing. All proceeds from the sales of Honor will be donated to research efforts in finding the first-ever breast cancer vaccine. Vapour Organic Beauty was co-founded by Krysia Boinis, botanical expert and young breast cancer survivor. “Being diagnosed with breast cancer in my 30s was shocking for me,” says Boinis. “The disease changed my life and helped me realize how important it is for women to use safe, nontoxic beauty products on their skin every day.” The full Vapour line, which can be viewed at www.vapourbeauty.com, fits the bill. “It is safe for everyone and gentle enough for those undergoing breast cancer treatments such as radiation or chemotherapy.”

~Gina LaGuardia

