

Mind, Body + Spirit
fitness

The FITNESS 2010 Beauty Awards: Our Favorite Beauty Products

The winners are in! FITNESS readers, along with dermatologists and other experts, tested hundreds of new products to find the 56 best of the year. Discover the perfect picks for your active lifestyle.

The Best Beauty Products

Our favorite hair, skin, and makeup products, with reviews from our experts and readers.



◀ Slide 12 of 13 ▶

Best Nail Treatment

Sally Hansen Continuous Treatment Time-Released Growth Formula (\$8.99, drugstores)

Testers loved the gel-like shine that this vitamin-packed nail strengthener left behind.

Runners-Up

Dermelect Cosmeceuticals Rejuvenail Fortifying Nail & Cuticle Treatment (\$18, dermelect.com)

Yves Rocher Couleurs Nature Correction-Cuticle Exfoliating Nail Treatment (\$11, department stores)

Originally published in FITNESS magazine, October 2010.

Next: [Special Offer](#)