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# all you

Issue 9, September 24, 2010

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Your perfect hair

# Fall in love with a fresh

Are you in a hair rut? Try out this season's

**T**his autumn's prettiest locks are tousled and soft—a far cry from last season's severe, structured tresses. According to stylist Nicholas Penna Jr.,

owner of SalonCapri in Newton, Mass., the new dos are beautiful on everyone and easy to imitate. Pick your favorite take on the trend and learn to make it work for your hair.

## STYLE #1

### Rippled waves

This glamorous style reinvents retro curls.

**Secret weapon**  
Triple-barrel curling iron



Revlon Perfect Heat ceramic three-barrel jumbo waver, \$25; at mass retailers.

## GET THE LOOK

- ✿ **Smooth out texture and frizz.** Blow-dry with the nozzle attached, using a round boar-bristle brush to straighten damp strands.
- ✿ **Create S-waves.** Holding waver horizontally, clamp down at the roots, then release. Repeat until you reach the ends.
- ✿ **Polish off.** Loosen curls with fingers and let one side fall slightly over your cheek. Finish with a mist of flexible-hold hairspray.

**SOFT AND WAVY**

JENNIFER LOPEZ



Last season!

RACHEL MCADAMS

Structured curls

## Make the trend work for your...

**FINE HAIR** Apply a thickening spray from root to tips of towel-dried tresses to add volume.

Paul Mitchell Lemon Sage thickening spray, \$13; paulmitchell.com for salons.



**COARSE HAIR** Smooth out stubborn ringlets and kinks with a blow-drying balm that straightens.

Redken Power Tame 16, \$16; redken.com for salons.



**DULL HAIR** Mist a paddle brush with a few pumps of glossing spray, then brush through dry locks for a subtle, mirrorlike gleam.

Umberto Beverly Hills Shimmer Shine spray, \$9; at Target.





# new cut and style

flattering trend—a loose, romantic look

## STYLE #2

### Side-swept bangs

A feathery fringe pushed to one side is a pretty way to grow out last year's blunt cut.

**Secret weapon**  
Texturizing pomade

Got2B Defiant Define and Shine pomade, \$6; at mass retailers.



## GET THE LOOK

### ✿ Move your fringe to the side.

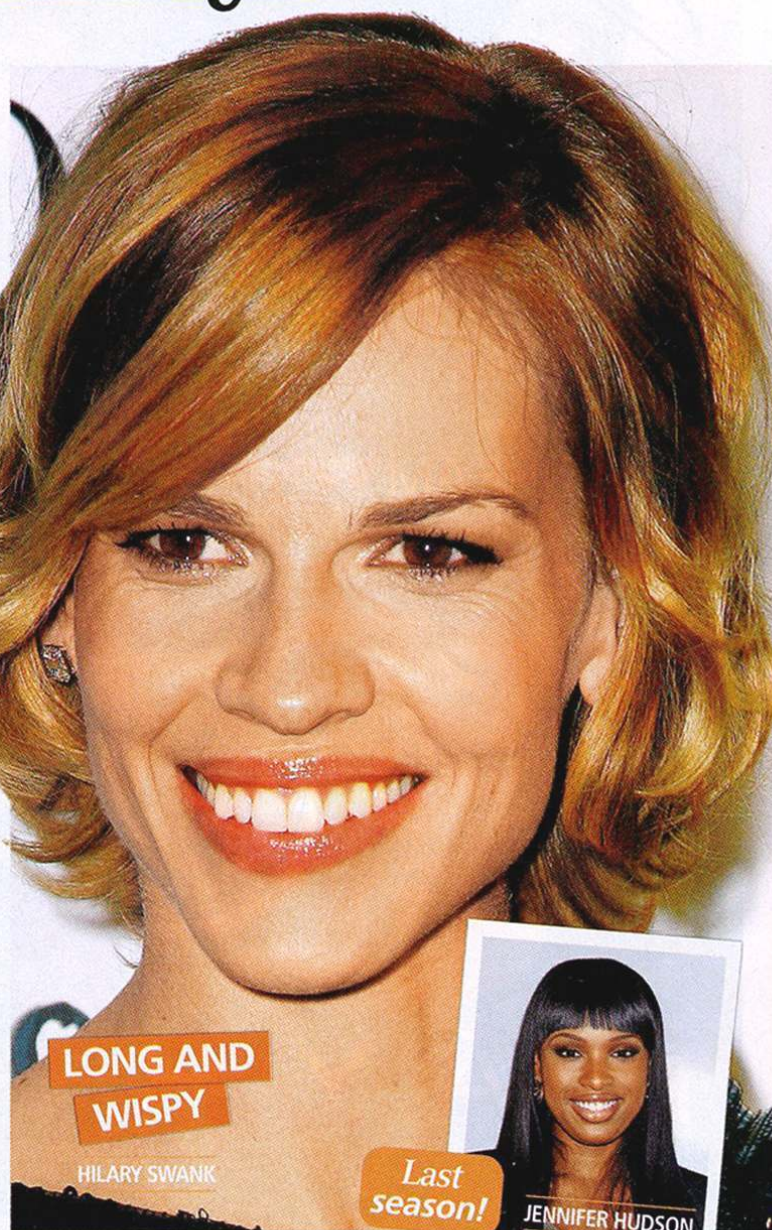
Ask your stylist for side-swept bangs that graze the outer corner of one eye. If you have a small forehead, keep the length as long as possible and start the part farther back. The deeper the part, the more dramatic the look.

### ✿ Style right.

Long, side-swept bangs complement square, round and heart-shaped faces, and they're easy to pull off whether hair is straight or wavy. Women with tight curls or strong hairline cowlicks will need to blow-dry and flatiron tresses straight to create this look.

### ✿ Smooth out your bangs.

Blow-dry with a nozzle attachment and a round brush, maintaining a comfortable tension between your locks and the brush. Rub a dime-size dollop of pomade between your palms, then pinch the ends for hold and definition.



**LONG AND WISPY**

HILARY SWANK

**Last season!**

JENNIFER HUDSON

*Blunt and heavy*

## Make the trend work for your...

### FRIZZY BANGS

This tool's compact size lets you get close to roots without burning your scalp.

Plugged In Mini Plaid styling iron, \$27; sallybeauty.com.

### STATICKY HAIR

A brush that conducts heat from your hair dryer helps tame unruly flyaways and smooth your style.

Goody Pro Thermal Hot round brush, \$7; at Walmart.



### TEXTURED HAIR

Use a brush with a small diameter and stiff bristles to help grab and pull short, curly hair taut.

Ion Color Brilliance Thermal round boar-bristle brush, \$7; sallybeauty.com.



## Snip your own bangs

Save yourself an extra trip to the salon with these DIY tips.

Lift a small section of dry hair so it's perpendicular to your face, then twist. With scissors pointing up, trim diagonally into hair ends in tiny increments. Drop the cut strands to see where they fall—they should look just a touch too long. Repeat with each remaining section until done.







Your perfect hair

## STYLE #3

# Relaxed chignon

### EXPERT STYLING TIP

Drape hair over your ears so the look is soft and relaxed, not fussy.

The ballerina bun reaches new heights with a bit of texture and a little hold.

### Secret weapon

Finishing hairspray



Aussie Sun-Touched Shine Hi Hold and Hi Shine hairspray, \$4; at mass retailers.

## GET THE LOOK

### \* Skip shampoo.

Second-day hair slips less than squeaky-clean strands, making it easier to hold an updo, so leave your hair a bit mussed up with your natural oils. Your tresses will appear shinier, too!

### \* Build a cascade.

Create an off-center part and sweep locks to the other side as low and loose as possible by the nape of the neck, below the earlobe. Swirl hair into a messy knot and tuck into a bun with pins.

### \* Don't be too neat.

A bit of imperfection makes this look modern. Let face-framing pieces hang down, and if you have uneven bumps here and there, don't smooth them out. Set the style with hairspray.

## Make the trend work for your...

### THICK, HEAVY HAIR

Twist these corkscrew-shaped pins into the sides of a bun. Each one does the work of 10 bobby pins, with less time, skill and effort.

Goody Simple Styles Spin pin, \$7 for 2; at mass retailers.



### LIMP HAIR

To keep your style from falling flat, raise and spray sections at the crown with a root lifter, then tease with a comb before gathering locks into a bun.



Pantene Pro-V Fine Hair Root Lifter spray gel, \$4; at mass retailers.

### OILY SCALP

If your strands feel greasy, absorb excess oil with a dry shampoo. Massage into scalp, then brush out well.



Batiste Original dry shampoo, \$8; at mass retailers.

## SWEET AND LOW

ZOE SALDANA

## Last season!



SARAH JESSICA PARKER

Tight topknot

LESTER COHEN/GETTY IMAGES (SALDANA), RD/LEON/RETNA DIGITAL (PARKER)





## STYLE #4

# Tousled bob

The latest version of this classic is flowing and flattering.

**Secret weapon**  
Hair diffuser



Conair Pro Universal  
Tourmaline finger diffuser,  
\$10; ulta.com.

## GET THE LOOK

### ❁ Add fullness.

This style works well with most face shapes and hair textures. With a blunt cut, ends appear thicker, so this style is an especially good choice for women with thin, fine strands who desire added volume.

### ❁ Make the cut.

Ask for a length that falls between your chin and shoulders. This cut particularly flatters ladies with a long or square face: The soft curls add the appearance of width, while the waves soften a strong jaw.

### ❁ Form waves.

Apply a texturizer, and blow-dry with a diffuser. Gently cup and lift sections by the ends with hands. Don't scrunch or squeeze your hair; that will only disrupt the curl pattern and encourage frizz.

## Make the trend work for your...

### WAVY HAIR

Spritz a texturizing spray on damp locks from roots to ends to play up your hair's natural character.

**Garnier Fructis Style Wonder Waves**  
Enhancing spray, \$4; at mass retailers.

### CURLY HAIR

Coat damp strands with an anti-frizz lotion to smooth flyaways and help sculpt soft, defined curls.

**Sunsilk Captivating Curls**  
styling cream, \$5; drugstore.com.



### STRAIGHT HAIR

Touch up your coif after styling it with a curling iron to add defined waves. Hold the iron vertically

and wrap small sections around it like a candy cane.

**Hot Shot Tools Titanium 1-inch iron**, \$35; sallybeauty.com.



**LOOSE AND RELAXED**

NAOMI WATTS

**Last season!**

GWYNETH PALTROW

*Straight and severe*

## Tailor this look to your face shape

Choose a style that softens your features.

### ❁ If you have full cheeks:

Balance a round face with a side part and volume at the crown.

### ❁ If you have a square face:

Opt for face-framing layers to further de-emphasize a strong jaw. Skip the blunt-cut ends.

### ❁ If you have a high forehead:

Minimize the area with brow-skimming or side-swept bangs.

### ❁ If you have a prominent chin:

Even it out by adding a little height on top.