

american

# baby

OCTOBER 2009

## A Solid Start

WHAT FOOD COMES FIRST—AND WHEN



**TOO POPULAR?  
TOO WACKY?**

HOW TO PICK THE PERFECT BABY NAME



**Happy  
Halloween!**

FUN & EASY FIRST COSTUMES



Getting Baby Through  
Flu Season & Beyond



**NO TIME TO  
EXERCISE?**

STRATEGIES FOR SQUEEZING IT IN

**The Best  
Baby Products**

OUR 11<sup>TH</sup> ANNUAL READERS' CHOICE AWARDS

AMERICANBABY.COM

« **Baby Bug**  
Gymboree's Glow Worm looks like a fuzzy caterpillar (\$30; gymboree.com).

« **Not So Fierce**  
Oeuf's dragon hat and booties (\$68; oeufnyc.com) pair with this Gymboree bodysuit (\$10; gymboree.com).

« **Sweet Tweet**  
This chick costume (\$38) and leggings (\$18) keep baby warm (888-860-WISH; chasing-fireflies.com).

# Costume Cuties

» **Funny Bunny**  
We love Muddy Cloud's mittens and hat (\$32; muddycloud.com) with a bodysuit (\$10/three; Old Navy).

« **Super Baby**  
Fashion a one-piece at Spreadshirt (\$22; spreadshirt.com), and add "Hero" BabyLegs (\$12; store.babylegs.com).

« **It's a Wrap**  
An infant steals the show in Sozo's ladybug swaddler (\$20; babiesrus.com).