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SMASHIES SNACKS



Given that Laurel - much like mom - gets insanely grumpy when she's hungry, I always try to tote a snack when we're on the go. So I was thrilled to learn about **Smashies**, a wonderfully convenient and healthful organic fruit snack that provides a welcome alternative to carb-heavy snacks. Parent, kid, and earth friendly, these applesauce packs (more flavors are forthcoming) are mess and utensil free thanks to the slurp spout, and once your child has squeezed out every last drop, the packaging - the lining of which is BPA-free - is recyclable.