

GOODlife

SPRING 2009

BETTER LIVING IN GREATER BOSTON

NESN'S
HEIDI WATNEY
DISHES
ON BASEBALL,
BANGLES & BOSTON

SOX APPEAL



INSIDE

- LURE OF THE DANCE • FISHY BUSINESS
- LIVING IN A MUSEUM

goodgoods

INDULGENCES:
FANCIFUL AND FUN

we
love
it



A TASTE OF SPRING

For the folks at Earthy Delights, spring is their Christmas. People can't get enough of their wild-harvested foods. And their Grand Trio of Spring is one of their most popular items – a package of morels, ramps (wild leeks) and fiddlehead ferns (one pound each). Prices vary, about \$57 plus shipping. www.earthydelights.com

GRAPE ESCAPE

Wine and Nantucket – that's a tough combination to beat. The 13th Annual Nantucket Wine Festival takes place May 13-17. Set in the heart of downtown Nantucket, it's become one of the country's most celebrated wine and food events with its world-renowned winemakers, chefs, celebrities and sunsets. www.nantucketwinefestival.com



A TOAST TO APPLIANCES

Kalorik somehow makes their small appliances look retro and futuristic at the same time. We like the "Aqua" line of products from this European manufacturer. The toaster, for example, has a stainless steel polished finish, chrome buttons and decorative frosted glass plates on both sides. \$59.99. www.kalorik.com

iSHIRT

Spreadshirt pushes the art form of personalized clothing. Create your own pieces with unique designs and images, bringing your own special flair to 70 different kinds of apparel, from tees to tanks to sneakers to underwear. Spreadshirt works with top-name apparel makers, and even provides organic material options. Check out this unique way to express yourself at www.spreadshirt.net



GRAND FINALE

The nice thing about a chocolate plate for two is that you don't have to feel guilty – your partner is committing a calorie crime at the same time as you. Finale's Retro Chocolate Plate for Two features truffles, gelato, mousse and of course the signature Molten Chocolate Cake. Is the Creme Brulee any healthier? Who knows, but it looks delicious, too. Check them all out at www.finaledesserts.com.