

love your life.

# RED BOOK MAG

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**WIN**  
**\$100,000**  
IN COLD, HARD  
CASH. P. 18

**Is your  
sex life  
normal?**

Find out on p.116

**DOCTORS'  
DANGEROUS  
MISTAKES**

Stop them before  
they happen to you

HOW TO

**get  
more  
out of  
life**

Simple steps to  
**good lovin'**, rock-solid  
confidence, **the perfect  
outfit**, more time for you,  
and **everything else**  
you really want

**Mariska  
Hargitay**

on recovering from  
her terrifying  
on-set accident:  
"I had so much  
to lose, so  
much to  
live for."

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## fashion

Find yourself perfectly dressed no matter what life throws your way—all with one key wardrobe basic.



Protect yourself from the frigid office AC without giving up summery style.

Sheer blouse, Worthington by JCPenney, \$36; 877-FIND-JCP for store info. Roll-up cardigan, Martin + Osa, \$80; martinandosa.com. "Odessa" flats, Via Spiga, \$198; Via Spiga, NYC, 212-219-3999. "Stylish" tortoise link necklace, Rimistyle, \$32; rimistyle.com. Metallic belt, Old Navy, \$15; Old Navy stores.

GIVE IT A SPIN! →

START WITH:  
white  
jeans

# Fashion



Show your still-single sorority sisters that just because you got married and had two kids doesn't mean you've lost your edge.

Knot tube dress, Express, \$60; express.com. Vest, Chaser Collection, \$36; akirachicago.com. "Octavia" wedges, Chinese Laundry, \$79; chineselaundry.com. Engineered stripe scarf, Eddie Bauer, \$30; eddiebauer.com. Turquoise and silver necklace, Lulu's, \$17; lulus.com.



Paint the town red, whether it's date night or girls' night.

"Chainmail" top, Express, \$50; express.com. "Fay" slingbacks, Via Spiga, \$175; Via Spiga, NYC, 212-219-3999. Rhinestone bracelets, JCPenney, \$18 to \$22 each; jcp.com. "Retro Flash" bag, Rimistyle, \$66; rimistyle.com.

Stay cool at your friend's beach party despite the hot sun—and the unexpected appearance of your ex.

Embroidered satin top, Charlotte Russe, \$23; charlotterusse.com. "Morocco" sandals, Chinese Laundry, \$69; chineselaundry.com. "Elements of Sea Life" necklace, Bella Dawn, \$30; belladawn.com. Beaded bracelet, Worthington by JCPenney, \$22; JCPenney. Metal bangle, \$14; shophthelook.net.



# Navigator

Fashion director Audrey shows you how it's done!

Floral blouse, Old Navy, \$25; Old Navy stores. "Kelly" vest, Silver Jeans, \$68; Dillard's, 800-345-5273 for store info. "Sienna" jeans, Silver Jeans, \$69; silverjeans.com. "Barcelona" heels, Rocket Dog, \$59; T.J. Maxx, rocketdog.com.



Nail the nautical trend in a chic, grown-up way.

Anchor tee, American Apparel, \$19; customized at spreadshirt.com. "Fogarty" jacket, Converse One Star exclusively at Target, \$30; target.com. "Sweet Talk" wedges, Chinese Laundry, \$69; chinese laundry.com. Grommet belt, Loft, \$50; loftonline.com. Enamel charm bangles, Janna Conner, \$75 to \$81 each; jannaconner.com. Carvas tote, Lulu's, \$44; lulus.com.

Chaperoning your daughter's class trip? Embarrass her with what you say, not what you wear.

"Glass House" tank, French Connection, \$178; select French Connection stores. Pointelle cardigan, Jones New York Collection, \$149; Macy's. jny.com. "Number 5" sneakers, PF Flyers, \$90; pfflyers.com. Wood "Kensington" earrings, Moon & Lola, \$56; moonandlola.com. "Classic Pop" small bag, Lacoste Leather Goods, \$95; zappos.com.

