## The San Diego



# Union-Tribune.

# smart

## smart style

## Add some **green** to your wardrobe

t seems like everywhere you look, you see signs for eco-friendly clothes. But what exactly does that mean?

Well, primarily it means either you can buy something made with organic cotton or out of bamboo. Both materials grow quickly, use no pesticides and are more earth-friendly.

But how do you translate that to your stylish wardrobe?

In honor of Earth Day on Wednesday, we rounded up some sophisticated green items that won't make you look or feel like a hippie.

Be warned: Organic usually means more money, so some of these may hurt your wallet, but at least you know you're helping the Earth.

- NINA GARIN



#### BAMBOO HOODIE

Jiva a San Diego-based activewear label, makes everything in its collection out of Chinese bamboo. This iersey hoodle is meant as yoga gear, but it's so soft and practical that you'll want to wear it long after your Sun Salutation.





#### ▲ MICKEY MOUSE T-SHIRT

For those who just can't get enough cartoon characters, rest assured that even Mickey Mouse is getting involved for Earth Day. This "Love Your Mother" T-shirt was made out of recycled water bottles (!) and cotton. And the design is sweet, but not over-the-top.

Price: \$16.50 for adults: \$12.50 for kids at the Earth Day Boutique on disneyshopping.go.com.

#### RECYCLE SCARF

This Leigh & Luca lightweight scarf - worn by celebs like Cameron Diaz and Rihanna - is perfect for SoCal weather. Plus those stylish green dots are actually recycle symbols. Fifty percent of the proceeds go toward Al Gore's Alliance for Climate Protection. In green or gray.

Price: \$165 at leighluca.com.

#### MATERNITY DRESS

Expecting moms can get in on eco-fashion with this LA Made maternity dress. It's 100 percent bamboo, but it feels like silk. It even features small bamboo buttons for a touch of extra fun.

Price: \$58 at Dress for the Nines Boutique, 1220 Cleveland Ave., Hillcrest (in the Raiphs shop ping center). (619) 299-0260 or dressforthenines.com.



### OWL NECKLACE A

This Nashelle necklace is made from 14-karat gold fill. Along with the whimsical owl design. you can also get birds and trees for a nature-gone-glam effect.

Price: \$155 at Mimi & Red Boutique, 3032 University Ave. North Park. (619) 298-7933 or mimiandred.com



#### D-I-Y T'S A

For those who hate earth tones and cutesy logos but still want to support the eco-movement, there's always the do-it-yourself route. Spreadshirt.com offers American Apparel 100 percent organic T's that you can decorate however you want. like putting the world map on a bright salmon shirt.

Price: This combo is \$20, but most T-shirts are in the \$16 range at spreadshirt.com.