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# SHAPE

SHAPE  
YOUR  
LIFE

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INSIDE**  
P. 100

RESEARCH PROVEN

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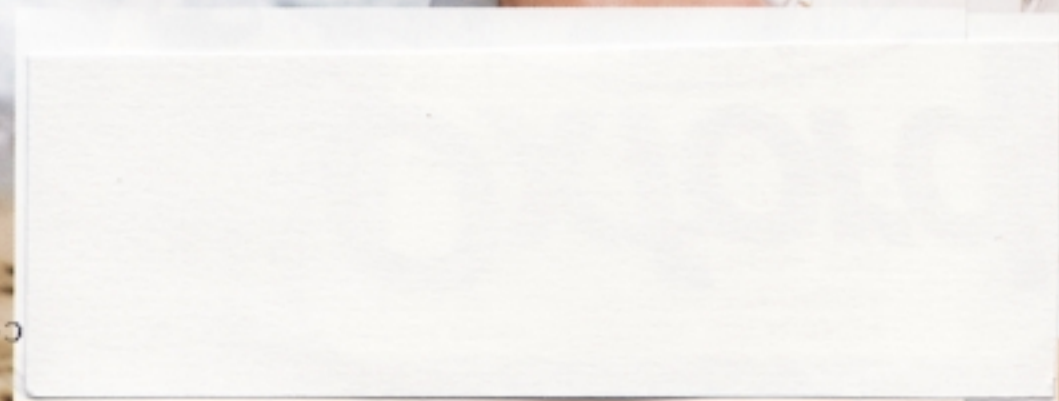
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*fast, faster,*

# FABULOUS

*Get gorgeous even when you're up against the clock. Our step-by-step strategies show you how—whether you have 10, 20, or 30 minutes.*

BY CARLY CARDELLINO | PHOTOGRAPHY BY PHILIPPE SALOMON

Pulling yourself together is a matter of knowing how to create a big impact, even if you have only seconds to spare, says Carmindy, a makeup artist and the author of *The 5-Minute Face*. We asked her and other pros to give us party-perfect looks anyone can do regardless of time.

## IF YOU HAVE 10 MINUTES

### *smooth skin*

"Cleansing with an exfoliating wash sloughs dead cells and allows makeup to go on more evenly," says Cornelia Zicu, Red Door Spas' chief creative officer. Try Dove Gentle Exfoliating Foaming Facial Cleanser (\$5; at drugstores).



### *banish frizz*

Use a serum to tame fuzzy tresses and boost shine. To avoid applying too much, put a pea-size amount on your fingertips, then run them through strands from roots to ends. Try Fekkai Brilliant Glossing Sheer Shine Mist (\$23; fekkai.com).



### *get glowing*

Dab on cover-up, then "dust highlighter onto cheekbones, inner eye corners, and brow bone," says Carmindy. Try Lancôme Photogénic Concealer SPF 15 (\$28; lancome-usa.com) or the Clarins Gold Attraction Face Palette (\$57; clarinsusa.com).



### *add flair*

Emphasize your eyes with mascara, then pat a colored lip gloss over your pout. "For a little extra drama, slip a chic hair accessory into your mane," says celebrity stylist Mark Townsend. Try the Goody Amelia Salon Clip (\$7; target.com for stores).



### *beautify brows*

Use an old toothbrush (wash it with soap and water first) to comb arches into place, "then swipe a gel over them to make wayward hairs stay put for hours," says Anastasia, a brow expert in Los Angeles. Try Revlon Brow Styling Gel (\$6; at drugstores).



### *score a top 10*

Neaten up your nails by removing chipped lacquer, then buffing and polishing your tips until they shine. Don't attempt any color—even quick-dry needs more than a minute to set. Try OPI Brilliance Block Buffer (\$13; opi.com for salons).



Since you have a little more time, focus on making your skin flawless and adding head-turning touches to your look.

IF YOU HAVE 20 MINUTES

*deep clean*

Peels contain stronger sloughing agents—such as glycolic acid—than many cleansers and can penetrate deeper to produce loads of radiance. Try the Patricia Wexler M.D. Exfoliating Glyco Peel System (\$60; [bathandbodyworks.com](http://bathandbodyworks.com)).



*play up eyes*

Add oomph to your gaze by dotting a chocolate-brown liner between the roots of your upper lashes. Then sweep on a volumizing mascara to create a fuller fringe. Try Clinique High Impact Curling Mascara (\$14; [clinique.com](http://clinique.com)).



*accent arches*

"Use a brow pencil [or sharpened eyeliner] to draw in tiny believable 'hairs'—they'll camouflage bare patches and stubbly regrowth," says Anastasia. Try the Anastasia Brow Wiz Pencil in Brunette (\$20; [sephora.com](http://sephora.com)).



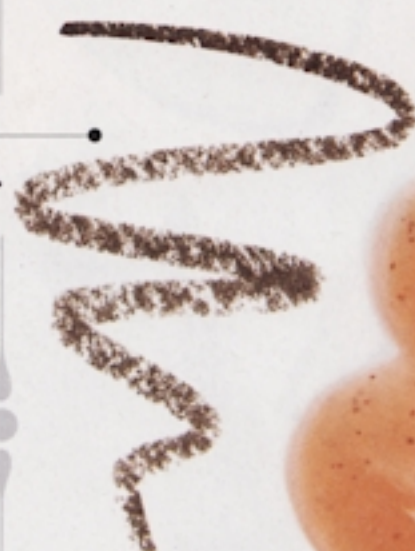
*style with ease*

A deep side part is always elegant. To make one, "follow an invisible line from the arch in either brow up to your hairline," says Townsend. Mist with a flexible-hold hair spray. Try Vavoom Shape Maker Spray (\$15; [matrix.com](http://matrix.com) for salons).



*reduce redness*

Apply a moisturizer to boost skin's hydration, then reach for a spray foundation that provides an all-over sheer finish and hides imperfections. Try Sally Hansen Natural Beauty Airbrush Spray Makeup in Medium (\$14; at drugstores).



*show off hands*

Keep them from looking old and feeling rough by exfoliating with a granular scrub, then following with a thick cream to seal in hydration. Try Earth Therapeutics Loofah Exfoliating Scrub in Peaches & Passion (\$8; [earththerapeutics.com](http://earththerapeutics.com)).



*use a 3-in-1*

Carmindy recommends applying a single-color, multipurpose, cream-to-powder product to your eyes, cheeks, and lips for a fresh, monochromatic look. Pat on with fingers and blend well. Try Nars South Beach the Multiple (\$37; [narscosmetics.com](http://narscosmetics.com)).



*do a mini mani*

To be sure tips are in top shape, remove polish and paint on a ridge-filling, semi-sheer base coat that conceals white spots and dries quickly, says Jan Arnold, the co-founder of Creative Nail Design. Try Dermelect Makeover Ridge Filler (\$18; [dermelect.com](http://dermelect.com)).

