

BEAUTY BLOGGER

Beauty Director Eva Chen shares the hottest trends, backstage know-how, and must-have products.



HAIR

fall hair trends

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This fall, instead of plain locks, try one of these fun new 'dos from 'Best of Boston' salon owner/lead stylist Nicholas Penna, Jr. of <u>SalonCapri</u> in Newton and Dedham, MA.

Side Ponytail

"Start by blowing out the hair using a round brush," says Penna. Next, use a light hairspray (try Shu Uemura's Sheer Lacquer) and begin backcombing the hair from front to back. The key is to getting "the hair nice and full; think a little bit wild and a little but bigger," Penna suggests. Use your hands to smooth back your hair (but don't push it down too much), bring hair over to one side and secure in a ponytail. Backcomb the ends of the ponytail to get additional fullness and finish off with hairspray.

High Bun

Begin by blowing out your hair with a round brush, but still try to get some volume (Penna recommends using Shu Uemura's Fiber Lift). Once your hair is blown out, part your hair in the center. "Starting at the nap of the neck, brush hair upwards into a high, on-top-of-the-head ponytail. Secure with elastic. [Next,] twist the ponytail until it creates the bun," says Penna. Secure the bun with bobby pins and finish with hairspray. For a messier look, Penna suggests pulling "some pieces out around the face or out from the bun."

Soft Pin Curls

For a girl on the go, "try using a triple barrel curling iron," says Penna.
"Create a deep side part [and then,] pull the hair all the way over to one
side." Next, separate hair into smaller sections, and use the curling iron
on each. "Make sure you don't get a crease from the top barrel. If needed,
go over the last curl one more time to achieve the perfect effect."

