

REAL SIMPLE

6 Gluten-Free Comfort Foods

When the alternatives are this delicious, there's no need to give up your favorite gooey, crispy, melt-in-your-mouth treats.

By Heath Goldman June 30, 2015

1



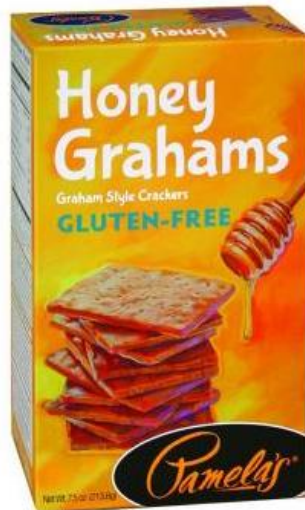
Horizon Organic Gluten-Free Mac

Cheesier than other options we've tried, this mac and cheese is made from organic white cheddar and rice-based macaroni. Blind tasters swore it tasted as familiar and satisfying as their favorite childhood brands.

To buy: \$3.10 for two 2.1-ounce containers, grocery stores and vitacost.com.

Photo by Horizon

2



Pamela's Gluten-Free Honey Grahams

Just in time for s'mores season, these snappy crackers—made with real honey, no artificial additives, and no hydrogenated fats—are healthier than their mass-market counterparts and just as tasty.

To buy: \$5 for one 7.5-ounce container, grocery stores and vitacost.com.

Photo by Pamela's

3



Eggo Gluten Free Cinnamon Waffles

Crispy on the outside and tender on the inside, these breakfast treats are appealingly generous on the cinnamon and light on the sugar-- which means they're not too sweet, but still satisfying. For an on-the-go meal, sandwich two together with peanut butter and honey.

To buy: \$4 for one 9.8-ounce container (8 waffles), grocery stores.

Photo by Edelman

4



Snack Factory Gluten-Free Pretzel Crisps Minis

Here, the ultimate snack food--small, salty, and crunchy. Enjoy these air-puffed treats on their own, or layer with hummus and veggies galore.

To buy: \$3 for one 5-ounce container, grocery stores and vitacost.com.

Photo by Snack Factory

5



Kerber's Farm Homemade Gluten-Free Cheddar Buttermilk Biscuits

It's hard to master the art of making a golden, flaky, and buttery biscuit, much less one that's gluten free. Thankfully, Kerber's, a small New York-based farm—known for its baked goods and fresh eggs—seems to have the formula down pat. The savory pastries make for a special morning at home, or an ideal hostess gift.

To buy: \$21 for six biscuits, kerbersfarm.com.

6



Walkers Gluten-Free Shortbread Rounds

These crumbly cookies contain the same butter and sugar content as the original version, only the wheat flour is replaced with a blend of rice flour, maize flour, and potato starch. Also available in Chocolate Chip and Ginger & Lemon varieties.

To buy: \$5 for one 4.9-ounce container, grocery stores and soap.com.

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Photo by Walkers