

MARTHA STEWART Living

FRIDAY-NIGHT FISH FRY

60 DAYS OF SUMMER

Amazing things to eat, see & do!

—
Easy dinners, delicious sides, next-level desserts

DECORATING:
Wicker 2.0

—
How to keep your home cool & clean

July/August 2017
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JULY / AUGUST

PHOTOGRAPH BY LIZA HALL

50 WAYS TO GET LOST IN SUMMER

The shortest distance between two points is a straight line. But there are far more thrilling ways to get where you want to go. This is the luxurious time of year to veer off the expected path—to meander, sashay, loop the loop. To wander the world (or your local state fair). Linger over lunch (or an ice pop). Get a contact high from a sunset (or a transcendent novel). Think of the ideas on the following pages as your starting block for the season, and dive in headfirst.

TEXT BY ELENI N. GAGE

| NO. 1 |

Pull over at every scenic overlook.

>



| NO. 2 |

EAT LUNCH OUT OF A BASKET

Head to **Bob's Clam Hut**, in Kittery, Maine; or the **Lobster Roll**, in Amagansett, New York. **La Taqueria** fills theirs with San Francisco's best tacos. And for fried chicken, run, don't walk, to **Willie Mae's Scotch House**, in New Orleans.

| NO. 3 |

Rent a convertible on your next trip. Leave the top down and the GPS off.

| NO. 4 |

Walk barefoot along the ocean, or just in the backyard.

(Research shows it can improve sleep and reduce pain.)

| NO. 5 |

SLEEP IN A TREE!

Walk the bridges (seriously!) at the Original Treehouse Cottages, in Eureka Springs, Arkansas. Dream 35 feet up in the Treehouse Cottage at Winvian Farm, in Morris, Connecticut. Or be one with the woods at the Post Ranch Inn, in Big Sur, California.

READ >

| NO. 6 | *The Shark Club*, by Ann Kidd Taylor. This charming novel transports you to the Gulf of Mexico, where a shark researcher explores the power of first—and new—loves in a quirky hotel on the Florida coast (out June 6).

celebrate!

| NO. 7 |

Mark 200 years of a "good thing": the town of **Marthasville, Missouri** (pop.: about 1,100), which was named in honor of its founder's wife. It was also Daniel Boone's last home and a camping spot for Lewis and Clark. A festival with re-enactors playing early settlers happens June 17 and 18.

DO THE

CHA-CHA!

| NO. 8 |

Chicago SummerDance hosts live bands and free lessons in **Grant Park** from June 23 through September 10. Dance DTLA stages boogie nights with DJs in **Los Angeles's Grand Park**. And you can waltz or tango on the same block as the New York City Ballet during Midsummer Night Swing, held on the plaza of Lincoln Center.

| NO. 9 |

MEANDER THROUGH THREE TOP FLEA MARKETS

Renninger's Antique and Collector's Extravaganza, in Kutztown, Pennsylvania (June 22–24; September 28–30); **Madison-Bouckville Antique Week**, in Bouckville, New York (August 14–20); and the **Springfield Antique Show & Flea Market**, in Ohio (August 19–20).

| NO. 10 |

PUT DOWN THE BLOW DRYER

Air-dry your hair in a soft braid or twisty bun; take a swim and get authentic beachy waves.

| NO. 12 |

TAKE THIS SHOW ON THE ROAD

Rent an RV and pull up to one of the tallest waterfalls east of the Mississippi in Tennessee's **Fall Creek Falls State Park**; the sandy shores of **Huntington Beach State Park**, near Myrtle Beach, South Carolina; or the ancient gorge in New York's **Taughannock State Park**, home to an outdoor concert series each summer.

< READ >

| NO. 13 | *The Last Laugh*, by Lynn Freed. Escape to an unnamed Greek island for camaraderie, carnality, and (oops!) criminal activity with three grandmas (out July 3).



| NO. 14 |

Do a cartwheel or a handstand. Underwater totally counts.

| NO. 15 |

Eat at least one meal a day outside.

| NO. 16 |

SEE A STADIUM SHOW

Tease your bangs and turn up the nostalgia: **U2's Joshua Tree Tour 2017** hits the eastern U.S. in late June; **Guns N' Roses** crisscrosses the country starting in late July; and **Tom Petty & the Heartbreakers** are cruising down the freeway running through your yard all season long.

| NO. 17 |

Grab a snack on a stick. We'll take a corn dog, an ear of elote, and an ice pop.

JUMP IN A LAKE

| NO. 18 | For privacy and killer views of the Sawtooth Mountains, make it Redfish Lake, 6,550 feet above sea level in Stanley, Idaho. Or join the group on the village green in Mount Desert Island, Maine, to hop the free Island Explorer shuttle bus to Echo Lake's beach and hiking trails in Acadia National Park. Or venture underground to the sunken lake in the Homestead Crater (actually a geothermal spring) in a limestone dome in Midway, Utah, where you can scuba or snorkel in 90-degree water.

(Backstroke under the stars.)

| NO. 19 |

Fête Bastille Day

> Check out the parades and regatta in **La Nouvelle-Orléans**.

> Taste wines, eat French food, and snap a selfie with a 43-foot replica of the Eiffel Tower at the **36th annual Bastille Days celebration**, from July 13 to 16 in Milwaukee.

> Join the crowd yelling, "Let them eat Tastykakes!" outside the **Eastern State Penitentiary**, in Philadelphia, where there's a historical re-enactment of the storming of the Bastille, and thousands of the local treats are thrown from the ramparts.

| NO. 20 |

Build a sand castle, sand pyramid, sand Taj Mahal, or sand Malibu Dreamhouse.

go spelunking

| NO. 21 | Explore the longest known cave system in the world, Kentucky's **Mammoth Cave**.

| NO. 22 | Learn what the heck a helictite is in the **Caverns of Sonora**, in Texas.

| NO. 23 | Kayak the seaside **Painted Cave on Santa Cruz Island**, in California.

| NO. 24 | Take a 45-minute boat ride along the Colorado River to the **Moab Music Festival's August 31 Grotto concert**, which happens in an acoustically excellent natural concert hall created by a red-stone cave.

| NO. 25 |

SMELL LIKE SUMMERS PAST

Bonds No. 9's Fire Island (from \$200, bondno9.com) and **Sun Saint eau de parfum by Pinrose** (\$65, pinrose.com) have notes of Copper-tone and carefree fun.

WANDER

THROUGH A MAZE

| NO. 26 |

Visit European-style hedge labyrinths, like the **Kaesser Memorial Maze in the Missouri Botanical Garden**, in St. Louis; or the three-acre **Pineapple Garden Maze at the Dole Plantation**, in Wahiawa, Hawaii.

