



Your Daily Snack for Social Change



Food



Self



what the hell
do i buy?!



FREE
loot!



recipes
we LOVE



kim's
blog



Product Review & Giveaway: CookSimple

Posted by [Healthy Bitch Daily](#) on Nov 15, 2012

For when your lazy ass wants delicious dinner without all the work



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I'm a big fan of products that help me be lazy.

I'm also a fan of one-pot meals and dinners that require no brain power. Some days you just wanna throw some crap in a pot and bippety-boppety-boo that shit into dinner. Enter [CookSimple](#).

In a sentence? How have I never heard of this before?! Here's the scoop: They sell pre-packaged dinners that are entirely **vegan and gluten-free**. All you do is add an ingredient or two (like tofu or a vegetable), throw everything in a pot with some water, and shazam! You've got dinner.

The Kitchen Test

The company sent me a few dinners to test, including Cowboy Chili, Cranberry Wild Rice, Punjabi Curry and Tamale Pie. So far I've had the first two, and so far, I am in love. No, they're not paying me to say this. This stuff is damn good.

I'm always a little skeptical about pre-packaged dinners. After all, don't we tell you every day to avoid stuff in a box? Yes. But this isn't chemical-ridden crap. For example, here's the ingredient list on the box of Punjabi Curry: brown rice, seedless raisins, peas, onion, shredded coconut, curry powder, garlic, cilantro, spices. When you just want something fast without resorting to fast food? I really think this will be my new go-to staple. The flavors were amazing, and most seem to be low-cal and low-sodium. Score.

Just Add _____

So on the back of the box they have little pictures that tell you what you need (always a plus for you culinary dummies). The cool thing is that they give you variations for different dietary plans. Meaning your omni man friend can add chicken to his box, and you can add tofu to yours. Everyone's happy. My man friend was even able to make this dinner by himself, so yes--I do believe it is a miracle product.

Give Me Some!

Right now CookSimple's website is under construction, but do visit their [Facebook](#) page to ask them where you can find their products in stores. Availability varies by market, but products can be found in many Whole Foods, Wegmans, Earth Fare, Sprouts, ShopRite and Fresh&Easy stores. (I also spotted the Cowboy Chili at my local Safeway in the Bay Area for about \$5.) The new site will have a store finder, so stay tuned.

But, I Want it Now

Because I love you, I finagled a giveaway for one lucky HBD reader: **a variety pack of CookSimple meals that includes Cowboy Chili, Punjabi Curry, Cranberry Wild Rice and Tamale Pie. To win, just leave us a comment below telling us why you want to try them!**