

HER LIFE

KEEPING WOMEN CONNECTED

jump
start
2013


with the

HEALTH
& FITNESS
ISSUE

DESTINATIONS
for WOMEN

+

CREATING *an*
EFFICIENT
WORKSPACE

A woman with short dark hair, smiling, wearing a white sleeveless dress and a white bracelet. She is leaning her right hand on a black bicycle wheel with a red rim. The background is a plain light color.

*Dr. Lanalee
Araba Sam*
OB/GYN WHO LEADS BY
EXAMPLE: HEALTHY
MIND, BODY & SPIRIT.

COMPLIMENTARY COPY

