

May 2014

metro parent

Greater Milwaukee's family resource



EAT OUR WORDS

SNACK FACTORY'S PRETZEL CRISPS

This snack is a modern twist on an old favorite: It's flavorful, but lighter and crispier. Pretzel crisps are baked without any trans fat, saturated fat or cholesterol, and only 110 calories per serving. www.pretzelcrisps.com

Our staff is full of moms, so we are especially keen on finding healthy snacks that might appeal to not only us grown-ups but also our kids, too. Well, we unanimously



agreed that Pretzel Crisps are one of those snacks: healthy, tasty, versatile and portable. Several of us already knew we liked the original flavor, but we also tried the new flavors and loved them, especially Honey Mustard and Onion and Sea Salt & Cracked Pepper Pretzel Crisps. They are flat and make a great chip for any dip or salsa, too!

—MP staff