

zlife

POWERED BY ZUMBA

5 WAYS TO REMIX YOUR WORKOUT WARDROBE!

THE JUICE ON JUICING:
Everything you want to know about health's hottest topic

ZUMBA CLASS INSPIRED ME TO...
Real students share their stories

Summer
Ideas

OUR BIGGEST MUSIC ISSUE EVER!

Behind the Music:
the making of Zumba's biggest hits!

10 artists to watch this summer!

2013's hottest concerts!

Lil John, Meital, Bajafondo, Bel-Mondo & more!



PLUS: MIND AND MUSCLE: CAN EXERCISE DRAIN YOUR BRAIN?; THE BEST OF CELEB FRAGRANCES; BASIC RHYTHMS MEET NOT-SO-BASIC MOVES

ZUMBA fitness

SOS: SAVE OUR SKIN

HERE ARE OUR PICKS FOR YOUR SKIN-SAVING SHOPPING LIST.

1 Salon Grafix
ChromaLogica High
Gloss Lacquer Spray
\$8, CVS stores



2 Advanced Mineral
Makeup Liquid
Mineral Foundation \$44,
advancedmineralmakeup.com



3 Sun Bum
Flavored Lip Balm
\$4, trustthebum.com



4 Kaplan MD LIP 20
Treatment \$30,
bergdorfgoodman.com



5 Vani-T Bronzing
Custard \$30, vani-t.com



6 Goldfaden MD Sun
Visor \$45, spacenk.com



7 Perricone MD
No Foundation
Foundation Fair
\$55, Sephora stores



8 Hevia MD Skin
Science Day & Night
Eye Complex \$110,
heviaskinscience.com



9 Own Skincare
Dual Protecting
Day Lotion SPF 30
\$23, Ulta stores



10 Avène High
Protection Tinted
Compact SPF 50
\$24, aveneusa.com



11 Kaplan MD LIP 20
Treatment Gloss \$30,
bergdorfgoodman.com



12 Philosophy Take A
Deep Breath SPF 30
\$34, philosophy.com



13 Éminence Organic
Skin Care Sun
Defense Minerals
SPF 30 \$58,
eminenceorganics.com



14 Coola Sport SPF
30 Unscented
Sunscreen Spray
\$30, coolasuncare.com



15 Bona Clara Hello
Sunshine Sun
Protection \$40,
bonaclara.com

