

THE PLAIN DEALER

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the *it* list

SUMMER STAPLES

Compiled by Joannu Connors

TIGI Catwalk Session Series Transforming Dry Shampoo

\$19.95, 5.2 ounces, at select salons; go to tighaircare.com

We live for summer, slogging through January and February solely on our memory of 90-degree days. So it pains us to say that summer does have its beauty downsides. One is the oily, droopy hair that comes with hot days. This summer, we've turned to a product from TIGI for a solution. The Transforming Dry Shampoo is a wonder for those days you don't have time for the full shower/shampoo/style routine. It removes the oil and gives our droopy hair such a wonderful lift and texture that we've started using it even when our hair isn't dirty.



Dermelect Cosmeceuticals High Maintenance Instant Nail Thickener

\$16, 0.4 ounce, dermelect.com

Remember the old Palmolive commercial, with Madge the manicurist informing her customer, "You're soaking in it!" We think of that every time we swim in the summer, only we're soaking our skin, hair and nails in lovely chlorine. Nails respond by becoming super-dry and brittle, and then breaking off at inopportune moments. But this High Maintenance Instant Nail Thickener has put an end to that. It's easy to apply, over polish or — our preference — alone, giving nails a beautiful gloss.



Jergens Natural Glow moisturizers

\$8.99 each, 2 ounces facial moisturizer, 7.5 ounces body lotion, at drugstores and mass retailers

"You look so tan!" At one time, back in the days of slathering on baby oil and charring ourselves to a crisp under the summer sun, we took this as a great compliment. These days, however, your It List correspondent hears it as, "You've taken up chain smoking!" So we always hasten to reply, "It isn't from the sun, it's from Jergens." These fake-tan lotions have become our go-to solution for showing bare summer arms and legs without fear. They go on smoothly and give you just what the label promises: an even, natural glow, without streaks or that alarming orange afterglow. The facial moisturizer is even a twofor: You get SPF-20 along with your fake tan.

