

Smashies

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We try to give our son the healthiest possible choices when it comes to food. Organic, sugar-free, whole grain, you get the picture. So I was excited to try Smashies, organic apple sauce for kids. For the first pouch, I meant to try it myself, but as soon as I took it out, my son was reaching for it. The pouch is designed almost like a drink box, with a spout at the top, so even the packaging looks fun and enticing. My son immediately took it, put it in his mouth and proceeded to get every last bit out of it! He absolutely loved it. (I did get to try it the next day and it was very good!)

It's perfect to throw in a bag (only needs to be refrigerated once it's open) or a lunch box to take along with you. It is organic and has no added sugar or high fructose corn syrup. Here are the ingredients: organic apple puree, natural flavor, ascorbic acid (vitamin C.) That's it. Simple, healthy, and easy to carry. Check out Smashies for yourself at www.smashies.com.

Deanna is a teacher, mom, and entrepreneur who loves to try new products- especially those created by moms. See her own mom-created, Over Tote™ by Ellie Bags™ at www.elliebags.com and join the fun at her blog, www.mommysidea.com!